



EKNM GOVERNMENT COLLEGE ELERITHATTU
(Established in 1981, Affiliated to Kannur University)

Accredited by NAAC with 'B' Grade

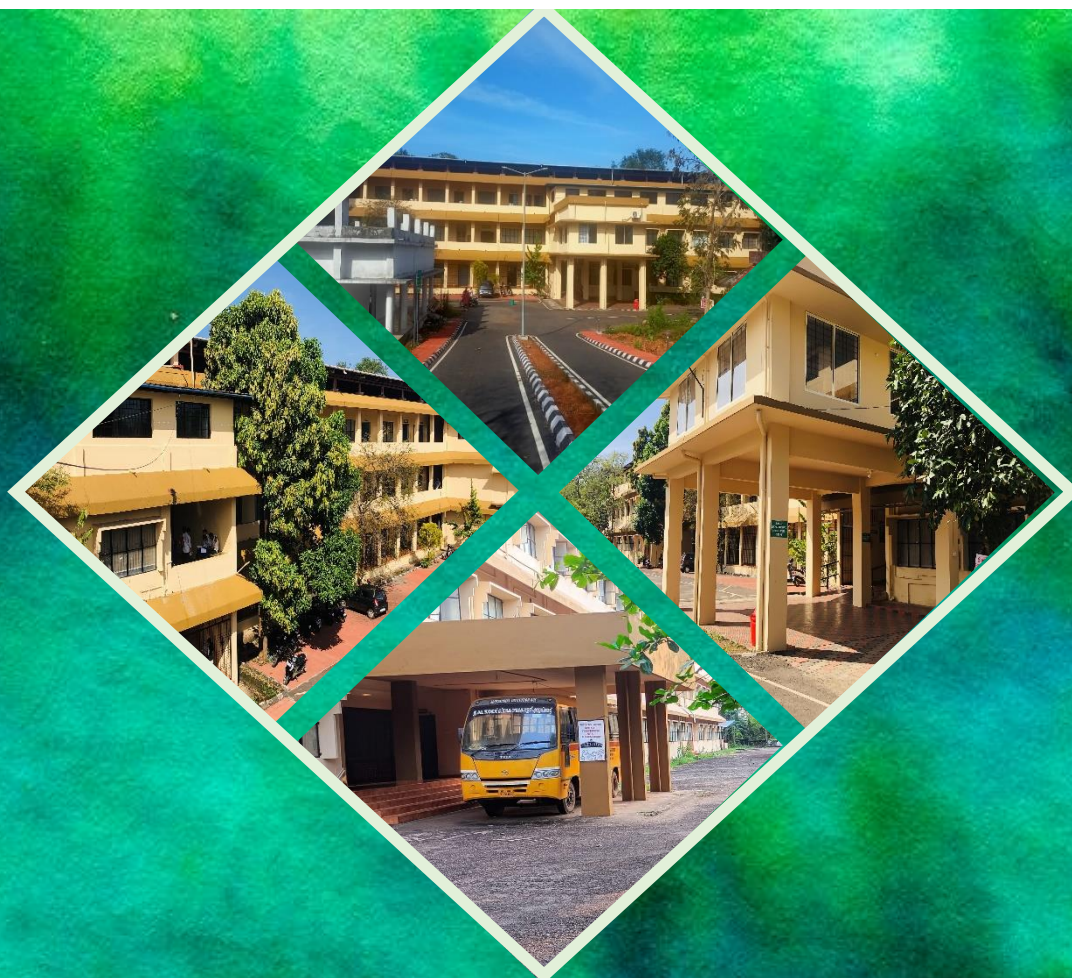
Elerithattu(PO), Nileshwar (Via), Kasaragod (Dist.), Kerala-671314, Ph: 04672245833, 9188900213
e-mail: eknmgovtcollege@yahoo.com , Web: <http://www.eknmgc.ac.in>

DOCUMENTARY EVIDENCE FOR

6.3.1. The institution has performance appraisal system, effective welfare measures for teaching and non-teaching staff and avenues for career development/progression

SPECIMENS OF APPRAISAL OF TEACHERS THROUGH 'PBAS'

(PERFORMANCE BASED APPRAISAL SYSTEM)



Annexure 1
PF Form No. 2

Collegiate Education Department Kerala
Proforma for Promotion of Teachers under Career Advancement Scheme
(As per UGC Regulations on Minimum Qualifications for Appointment of Teachers and Other Academic Staff in Universities and Colleges and Measures for the Maintenance of Standards in Higher Education, Regulations, 2018)

**PBAS Proforma for faculty other than Physical Education
Placement from Principal (level 14) to Professor (Level 14)**

PEN No. 626455

Part-A: General Information and Academic Background

1. Name (in Block Letters) : DR. MATHEWS PLAMOOTTIL
2. Father's /Mother's Name : P.M. Thomas
3. Date of Birth : 21-03-1975
4. Gender : Male
5. Name of the College & Department : EKNM Govt. College, Principal
6. Date of Entry in present service : 22-01-2007
7. Date of Declaration of Probation : 22-01-2009
8. Current Basic Pay : 144200
9. Date of placement to Associate Professor (Level 13A) : 22-01-2021
10. Order No. granting placement to Associate Professor (Level 13A) : Order No.UGC Cell/14403/20/Coll. Edn, Dated 02-09-21
11. Proposed date of eligibility for promotion as per eligibility conditions and CAS promotion criteria : 22-01-2024
12. Indicate whether belongs to (SC/ST/OBC/ Minority/ Differently Abled) : No
13. Address for Correspondence (with Pin Code) with Mobile No. and E-mail : Plamoottil, Pallarimangalam P.O, Thadathilal. Mavelikara, Aleppey Dt, Kerala; Pin- 690107, Mob: 9447059690, mathewsplamoottil@gmail.com
14. Permanent Address (with Pin Code) : Plamoottil, Pallarimangalam P.O, Thadathilal. Mavelikara, Aleppey Dt, Kerala; Pin- 690107, Mob: 9447059690, mathewsplamoottil@gmail.com

15. Academic Qualifications

Examinations	Name of the Board/ University	Year of Passing	% of marks obtained	Division/ Class/ Grade	Subject
Graduation, BSc	M.G University	1996	75.0	First Class	Zoology
Post Graduation MSc	M.G University.	1999	75.2	Distinction + University rank	Zoology
NET	CSIR- UGC	2001	Cleared	NA	Life Science

16. Research Degrees

Degree	Title of Thesis/ Dissertation/ Field of Work (in case PDF)	Date of Award with Reg. No. (Period/ Year in the case of PDF)	Discipline/ Subject	University/ Institute
M.Phil.	NIL			
Ph.D.	Fishery Resource Potential of Manimala River, Kerala, India	31-12-2016	Zoology	MG university
PDF	NIL			
Any other*	NIL			

*Professional qualification such as M. Tech., LLM etc.

17. Appointments held prior to Joining the Current Department - NIL

Designation	Name of Employer	Nature of Appointment	Date of		Salary with grade pay/ Level	Reason for Leaving	Total Duration
			Joining	Leaving			

18. Details of Placements received

Designation	Date of Placement	Service Completed (Yrs) to reach this level
Assistant Professor (Academic Level 11)	22-01-2013	6 years
Assistant Professor (Academic Level 12)	22-01-2018	11 years
Associate Professor (Academic Level 13 A)	22-01-2021	14 years

19. Details of Leave Without Allowance (other than with Medical Certificate)-NIL

Sl. No.	Period		Total Days of LWA			Grand Total
	From	To	Years	Months	Days	

20. Whether service relaxation is eligible for possessing Ph.D./M.Phil. : No

21. Whether Verification Certificate of previous service enclosed (If Aided College service, certificate of Deputy Director concerned) : NA

I hereby declare that the information/documents provided by me are correct and verifiable, and I have carefully read the relevant provisions relating to promotion under

- Community health club convener,
Birds club convener,
Class Tutor.
- (b) Examination and evaluation duties : Invigilator of examinations
Chief examiner of University Answer
script evaluation
- (c) Student related co-curricular, extension and field based activities : Field visit for student project
- (d) Organizing seminars/ conferences/ workshops, other college/ university activities : NIL
- (e) Research Guidance Activities : Project guidance for UG students
- (f) Major/ Minor Projects : Served as PI of Major Research project of DST, Govt. of India
- (g) Publications : **Plamoottil. M.** 2021. *Hypselobarbus procerus*, a new cyprinid fish species from Kerala, India. *Uttarpradesh Journal of Zoology*, 42 (24): 96-705 (Dec 2021 issue)

Part-C: Other Relevant Information

Please give details of any other credential, significant contributions, awards received etc. not mentioned earlier:

Sl. No.	Details (Mention Year, Value etc. where relevant)
1	Discovered, described and scientifically named one new fish species.

(Attach documentary proof in support of the information provided by you in this proforma)

I hereby declare that the information/documents provided by me are correct and verifiable, and I have carefully read the relevant provisions relating to placement/promotion under Career Advancement Scheme (CAS) contained in UGC Regulations, 2018 as amended from time to time.

Signature of Applicant :



: Dr. Mathews Plamoottil
Principal, EKNM Govt.
College, Elerithattu

Elerithattu
08.01.2024

Certified that **Dr. Mathews Plamoottil** had been working as Associate Professor in Zoology department since 22-01-2021. The particulars given in this application have been checked and verified from the office records and are found to be correct.



Head of the Department



Handwritten signature and date
8/1/24

Remarks of the Principal on Punctuality and Conduct of the Applicant

Punctual and Conduct Is good.

Place : Chavara
Date : 08/09/24



[Signature]
Principal
08/09/2024

Principal
BJM Govt. College
Chavara, Kollam

I 03 / HINDI / 2024

Proposal for Placement as

**Associate Professor
(Academic Level 13A)**

as per UGC regulations 2018

Submitted by

Dr. VIJAYAN K

[PEN:439562]

Assistant Professor (Academic Level 12)

Department of Hindi

**E K Nayanar Memorial Govt. College, Elerithattu
Kasaragod**

to

**The Director of Collegiate Education
Government of Kerala**

January 2024

Assessment Report of Screening Cum Evaluation/ Selection
Committee

(To be submitted by IQAC with score sheet)

PART A

Part I: Proposal for Placement from Assistant Professor (Academic Level 12) to Associate Professor (Academic Level 13A) in respect of Dr.VIJAYAN K, Assistant Professor of Hindi, E K Nayanar Memorial Govt. College Elerithattu, Kasaragod
(Name and Designation)

Date of Birth : 30.05.1974

Subject : HINDI

1) Qualification

(a)	Date of Award of M. Phil	:	N A
(b)	Date of Award of PhD	:	03.09.2021
(c)	Post Doctoral Experience (No. of Years)	:	N A

2) Details of Orientation/ Induction /Refresher/Short Term courses etc. attended:

Period of the Course		Name of Course	No. of Days	Conducting Authority
From	To			
10.11.20 21	23.11.20 21	Refresher Course in Hindi Language and Literature	14 days	UGC HRDC University of Calicut

Part II Details of Qualifying service

1. Date of 1st appointment in Government service : 14-12-1999 F.N
2. Date of substantive appointment/ present post : 22-10-2009 F.N
3. Date of declaration of probation : 22-10-2011 F.N
4. Details of previous service (Collegiate Education) :

Name of the Institution	Period		Total			Remarks
	From	To	Years	Months	Days	

5. Calculation of Total qualifying period of service (in Collegiate Education)

(a) Period of Service

Sl. No.	Period		Total Service
	From	To	
1	22.10.2009	21-10-2015	6 Years
2	22.10.2015	22-10-2020	5 Years
3	22.10.2020	22-10-2023	3 Years

(b) LWA, unqualifying service, Break, if any*

Sl. No.	Period		Total Days of LWA
	From	To	

*other than with Medical Certificate

(c) Date of completion of :
 6/5/4 years [in Asst. Professor (Level 10)] : 21-10-2015
 5 years [in Asst. Professor (Level 11)] : 22-10-2020
 3 years [in Asst. Professor (Level 12)] : 22-10-2023
[with relaxation (2 years for PhD/1 year for M.Phil.), if admissible]

(d) Whether service verification certificates for : N A
 previous qualifying service produced

Part III Annual Performance Assessment Reports

- (a) Whether year wise report (signed by the teacher) for the preceding years submitted : Yes
- (b) Whether countersigned by the Principal : Yes
- (c) Whether the required details furnished : Yes

Part IV Research Experience in the assessment period

- (a) No. of books published : Nil
- (b) No. of articles published in refereed journals : Nil
- (c) No. of other articles published : Nil
- (d) Whether recognized as a research guide : No
1. No. of M. Phil. students guided : Nil
2. No. of Registered Ph.D. students : Nil
3. No. of Research projects carried out : Nil
4. No. of Seminars/ Conferences organized : Nil

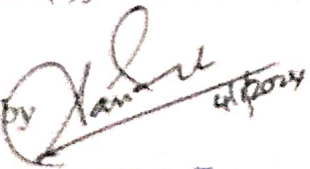
Activity 2: Involvement in Students-Related Activities/ Research Activities
(Refer Annexure II Table 1 of DCE Guidelines)

Involvement in the college students related activities/ research activities	No. of Activities						Suggested Grading					
	2020-21	2021-22	2022-23	2023-24	20xx-xx	20xx-xx	2020-21	2021-22	2022-23	2023-24	20xx-xx	20xx-xx
(a) Administrative responsibilities such as Head, Chairperson/ Dean/ Director/ Co-ordinator, Warden etc.	4	4	2	4			Good	Good	Good	Good		
(b) Examination and evaluation duties assigned by the college / university or attending the examination paper evaluation.	4	4	4	4								
(c) Student related co-curricular, extension and field based activities such as student clubs, career counselling, study visits, student seminars and other events, cultural, sports, NCC, NSS and community services.	2	2	3	3								
(d) Organizing seminars/conferences/workshops, other college/university activities.	0	0	0	0								
(e) Evidence of actively involved in guiding Ph.D. students.	0	0	0	0								
(f) Conducting minor or major research project sponsored by national or international agencies.	0	0	0	0								
(g) At least one single or joint publication in peer reviewed/UGC list of Journals.	0	0	0	0								
Total Number of Activities	10	10	9	11								

Option A – Summary of Grading

Categories	2020-21	2021-22	2022-23	2023-24	20xx-xx	20xx-xx
Activity 1: Teaching	Good	Good	Good	Good		
Activity 2: Involvement in the students related activities/ research activities	Good	Good	Good	Good		
Overall Grading	Good	Good	Good	Good		

* Refer Table 4(a) for Assessment Criteria

Prepared by 

SASI C. T.

Place: Asst. Professor in History
Date: EKNM Govt. College, Elerithattu
Kasaragod Dist. Pin: 671314

Verified by 

SOJI M SEBASTIAN
Associate Professor
Department of Commerce
EKNM Govt. College
Elerithattu, Kasargod Dist.
PIN: 646331

Name and Signature of IQAC Coordinator 

Dr. TOBY JOSEPH MATHEW K.K
ASSOCIATE PROFESSOR (PEN: 600113)
PG DEPARTMENT OF ECONOMICS
E K N M GOVT. COLLEGE ELERITHATTU
KASARGOD DIST. PIN: 671314
Department of College Liaison (2019)

Order No.UGC Cell/23744/2021/Coll.Edn(II) dated. 06/2022
Assistant Professor Stage 3 Placement Annexure 1

The following faculties are given Placements as Assistant Professor Academic Level 12 with rationalized Entry Pay Rs.79,800 from the date mentioned against each under the 7th UGC Scheme vide G.O(P) No.18/2019/H.Edn dated 29.06.2019

Sl No	Name & Designation	Subject	College	PEN	Date of Birth	Date of Entry in Service	Previous service if any	LW/A, Serv ice Break, if any in Assessmen t period	OC/R C/ST C/ MOO	Date of effect of Placement as Assl.Profess or Stage 2 already granted	Date of Effect of Placement as Stage 3	Remarks
1												
55	Vijayan K, Assistant Professor	Hindi	EKNM Govt.College Elerihattu	439562	30.05.1974	22.10.2009	Nil	Nil	2RC	22.10.2015	23.10.2020	Option A/RC completed (date)
56	Mohammed Mannithodi, Assistant Professor	Arabic	Govt Arts & Science College, Kondotty	461650	18.01.1965	30.06.2009	Nil	Nil	IRC	30.06.2015	30.06.2020	Option B
57	Dr. Shihab N.A, Assl. Professor	Sanskrit	Govt.Sanskrit College Tripunithura	463409	19.09.1978	19.12.2007	Nil	Nil	RC not mandatory	19.12.2013	19.12.2018	
58	Sunitha S, Assl. Professor	Sanskrit	Govt College Kariavattom	574296	17.05.1969	29.09.2009	Nil	Nil	2RC	29.09.2014	29.09.2019	
59	Dr.Priya L, Assl. Professor	Sanskrit	Govt.Arts College, Thiruvananthapuram	668987	14.02.1973	07.06.2010	Nil	Nil	IRC, 2SC	07.06.2014	26.02.2021	

PROCEEDINGS OF THE DIRECTOR OF COLLEGIATE EDUCATION
THIRUVANANTHAPURAM

Collegiate Education Department- UGC 7th Scheme- Career Advancement Scheme- Placement as Assistant Professor Stage 3 in respect of Govt. College Teachers- Granted- Orders issued

ORDER NO: തൃശ്ശൂർ കോർഡ് 2 / 3744 / 2021 Thiruvananthapuram

Dated: 23.06 2022

- Read:-
- 1) G.O(P) No.18/2019/H.Edn dated 29/06/2019
 - 2) G.O(P) No.28/2019/H.Edn dated 29/09/2019
 - 3) UGC Notification No. F1-2/2017(EC/PS) dated 18.7.2018
 - 4) G.O(P) No.9/2021/H.Edn dated. 20/02/2021
 - 5) Govt.letter no.C3/8621/2008/H.Edn dated.26/04/2008
 - 6) Letters of the Accountant General, Kerala, Kottayam
 - 7) Proposals for Placement received from Govt. Colleges
 - 8) DCE Circular No.Cell 2/3744/2021 dated.3.2.21, 24.02.21, 2.3.21, 15.03.21

ORDER

As per the Government Orders read as 1st and and 2nd above, Government have implemented UGC 7th scheme in the State. Government have accorded sanction for granting placement of Teachers in Universities and Colleges in the State coming under 7th UGC Scheme from 18/07/2018 onwards, in accordance with the provisions in the UGC Regulations, 2018.

As per the provisions in UGC 2018 regulations, the claims for CAS (Assistant Professor Stage 2 and stage 3) has to be approved by the Screening cum evaluation committee constituted at the Colleges concerned.

As per the letters read as 7 above, the Principals of Govt. Colleges have submitted the proposals for placement as Assistant Professor Stage 3 in respect of the teachers (140 No.s) mentioned below, with recommendation of the Screening Committee constituted at the Colleges.

In these circumstances, the placement as Assistant Professor Stage 3 in respect of the teachers of Govt. Colleges is granted as given in Annexure to this Order. The placement granted as per this Order is subject to the following conditions.

- a) This Order is subject to verification of the Accountant General Kerala concerned for issuing pay slips.
- b) If any amount drawn by the incumbent by this Order is found to be in excess due to mistake or any other reason, noticed later, he/she would be liable to refund the amount so received in like circumstances.

three months of this Order to the Accountant General concerned.

This Order is made available in the Department website (www.collegiateedu.gov.in). Copy may be downloaded and used for all official purpose. No hard copies will be issued separately.

Approval Valid

Digitally Approved By
VIGNESHWARI V I.A.S
Date: 28.06.2022
Reason: Approved

Sd/-
VIGNESHWARI V I.A.S
DIRECTOR OF COLLEGIATE
EDUCATION
0471-2303548
dir.colledn@kerala.gov.in

Copy To,

1. The Accountant General (A&E), Kottayam(with C/L)
2. The Principals of Govt. Colleges concerned
3. Teachers concerned
4. System Manager(public to Web site)

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(Option A)

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From

Dr. Ajesh C.R.
Assistant Professor, Department of Physical Education
E. K. Nayanar Memorial Government College, Elerithattu
Elerithattu P O, Kasaragod District- 671314
Mob:9947854232, Email:- ajesh10cr@gmail.com

To

The Director,
Directorate of Collegiate Education, Government of Kerala
6th Floor, Vikas Bhavan, Thiruvananthapuram

(Through Proper Channel)

Sub: Submission of the proposal to grant placement under CAS from Assistant Professor (Academic Level 10) to Assistant Professor (Academic Level 11)

Ref: UGC CELL2/46738/2022/DCE, Dated 30.05.2023


Respected Sir

I hereby submit the placement proposal for promotion from the Assistant Professor (Academic Level 10) to Assistant Professor (Academic Level 11) through proper channel for your kind verification and necessary actions.

Thanking you

Elerithattu

07/12/2023


Dr. AJESH C.R
Assistant Professor
Department of Physical Education
E.K.N.M Govt. College
Elerithattu, Kasragod Dt.
PEN: 877704

E.K. Nayanar Memorial Government College, Elerithattu -671314

Proceedings of the minutes of the meeting of screening cum evaluation committee for assessment of proposal for placement under career advancement scheme held at EKNM Government College, Elerithattu, Kasaragod.

A meeting of the Screening cum Evaluation Committee held on 11.01.2024 at 5:00 pm for the assessment of the proposal for the placement under Career Advancement Scheme of Dr. Ajesh C.R. (PEN 877704), Assistant Professor (Academic Level 10), Department of Physical Education, E.K. Nayanar Memorial Government College, Elerithattu, Kasaragod from Assistant Professor (Academic Level 10) to Assistant Professor (Academic Level 11).

Following Members of the Screening cum Evaluation Committee were present:

1. **Dr. Mathews Plamoottil**, Principal, E.K. Nayanar Memorial Government College, Elerithattu. Kasaragod (Chairman)
2. **Dr. Anil Ramachandran**, Professor and Head, School of Physical Education and Sports Sciences, Kannur University Campus, Mangattuparamba. (Subject Expert)
3. **Dr. Shinil James**, Associate Professor, Department of Physical Education, Government Engineering College, Kannur. (Subject Expert)

The committee received proposal from Dr. Ajesh C.R., Assistant Professor, Department of Physical Education, Assistant Professor (Academic Level 10) to Assistant Professor (Academic Level 11).

- a) The committee verified the PBAS proforma by the applicant with that submitted by IQAC and found correct.
- b) The committee also verified the supporting documents and found correct and good.

The committee found Dr. Ajesh C.R., Assistant Professor, (Academic Level 10) Department of Physical Education, eligible for placement and hence recommend his placement form Assistant Professor (Academic Level 10) to Assistant Professor (Academic Level 11) with effect from 25.11.2023 FN.

1. Dr. Mathews Plamoottil, Principal
E.K. Nayanar Memorial Govt. College
Elerithattu. Kasaragod (Chairman)

Signature

11/01/2024

PRINCIPAL
E. K. N. M. GOVT. COLLEGE
ELERITHATTU
ELERITHATTU P.O.
KASARAGOD DT, PIN: 671314

2. Dr. Anil Ramachandran, Professor and Head
School of Physical Education and Sports Sciences
Kannur University Campus, Mangattuparamba. (Subject Expert)

11/2.24
Prof (Dr) Anil Ramachandran
Professor
School of Physical Education &
Sports Sciences
Kannur University, Kannur, Kerala- 670 567

3. Dr. Shinil James, Associate Professor
Department of Physical Education
Government Engineering College, Kannur. (Subject Expert)

11/1/2024
Dr. SHINIL JAMES, PEN: 663724
Associate Professor & Head
Department of Physical Education
Govt. College of Engineering, Kannur - 670563.

Annexure I
Form No. 11

Assessment Report of Screening Cum Evaluation/ Selection Committee

(To be submitted by IQAC with score sheet)

PART A

Part I: Proposal for Placement from Assistant Professor (Academic Level 10) to Assistant Professor (Academic Level 11) in respect of Dr. AJESH C. R., Assistant Professor.

Date of Birth : 31.05.1989

Subject : Physical Education

1) Qualification

(a)	Date of Award of M. Phil	:	March 2013
(b)	Date of Award of PhD	:	26.09.2018
(c)	Post Doctoral Experience (No. of Years)	:	Nil

2) Details of Orientation/ Induction / Refresher/ Short Term courses etc. attended:

Period of the Course		Name of Course	No. of Days	Conducting Authority
From	To			
10.02.2020	15.02.2020	Induction Training for Teachers of Collegiate Education Department	06 Days	Directorate of Collegiate Education
23.06.2020	29.06.2020	Online FDP	07 Days	Swarnim Gujrat Sports University
12.01.2021	25.01.2021	Refresher Course	14 Days	UGC HRDC LNIPE, Gwalior, M.P.
21.08.2023	19.09.2023	Orientation Program	4 Weeks	Teaching Learning Centre Ramanujan College, University of Delhi

Part II Details of Qualifying service

1. Date of 1st appointment in Government service : 25.11.2019
2. Date of substantive appointment/ present post : 25.11.2019
3. Date of declaration of probation : 25.11.2021 FN
4. Details of previous service (*Collegiate Education*) : Nil

Name of the Institution	Period		Years	Total Months	Days	Remarks
	From	To				
---	---	---	---	---	---	---

5. Calculation of Total qualifying period of service (*in Collegiate Education*)

(a) Period of Service

Sl. No.	Period		Total Service
	From	To	
1	25.11.2019 FN	24.11.2023 AN	04 Years

(b) LWA, unqualifying service, Break, if any*

Sl. No.	Period		Total Days of LWA
	From	To	
---	---	---	Nil

*other than with Medical Certificate

- (c) Date of completion of 4 years : 24.11.2023 AN
[in Asst. Professor (Level 10)]
[with relaxation (2 years for PhD.)]
- (d) Whether service verification certificates for previous qualifying service produced : NA

Part III Annual Performance Assessment Reports

- (a) Whether year wise report (signed by the teacher) for the preceding years submitted : Yes.
- (b) Whether countersigned by the Principal : Yes.
- (c) Whether the required details furnished : Yes.

Part IV Research Experience in the assessment period

- (a) No. of books published : Nil
- (b) No. of articles published in refereed journals : 04
- (c) No. of other articles published : 01
- (d) Whether recognized as a research guide : No
 1. No. of M. Phil. students guided : Nil
 2. No. of Registered Ph.D. students : Nil
 3. No. of Research projects carried out : Nil
 4. No. of Seminars/ Conferences organized : Nil

PART-B: Summary of Grading**Summary of Grading Criteria – Physical Education (for option A)**

Categories	2019-20	2020-21	2020-21	2021-22	2022-23	2023-24
Activity 1	Good	Good	Good	Good	Good	Good
Activity 2	Satisfactory	Satisfactory	Good	Satisfactory	Satisfactory	Not Satisfactory
Activity 3	Satisfactory	Not Satisfactory	Good	Good	Good	Good
Activity 4	Not Satisfactory	Not Satisfactory	Good	Good	Good	Good
Activity 5	Good	Good	Good	Good	Good	Good
Overall grading	Good	Good	Good	Good	Good	Good

PART C: Details of placement already given

Sl. No.	Designation given	Date of Placement
---	Nil	---

Recommendation for subsequent placement


(a) Designation to be given : Assistant Professor (Academic Level 11)

(b) Date of Effect : 25.11.2023 FN

Name and Signatures of Screening-cum Evaluation/Selection Committee members


 Dr. SHINIL JAMES, PEN:663724
 Associate Professor & Head
 Department of Physical Education
 Govt. College of Engineering, Kannur - 670563.


 Prof (D:) Anil Ramachandran
 Professor
 School of Physical Education &
 Sports Sciences
 Kannur University, Kannur, Kerala- 670 567


 11/01/2024
 PRINCIPAL
 E. K. N. M. GOVT. COLLEGE
 ELERITHATTU
 ELERITHATTU P.O.
 KASARAGOD DT, PIN: 671314

Approval**Director of Collegiate Education**

Annexure I
Form No. 12

PBAS Score sheet
(to be prepared by IQAC)

Part – A

1. Name of the candidate : Dr. AJESH C. R.
2. Subject : Physical Education
3. Date of Entry in present service : 25.11.2019
4. Date of continuous service : 25.11.2019
5. Date of Declaration of Probation : 25.11.2021 FN
6. Designation and Official Address : Dr. Ajesh C. R.
Assistant Professor,
Department of Physical Education
E.K. Nayanar Memorial Government
College, Elerithattu, Nileswar Via.
Kasaragod – 671314.
7. Basic Pay : Rs. 64900/-
8. Academic Level for which the candidate is an applicant for promotion under CAS (Please Tick) : Asst. Prof. [Level 10] to Asst. Prof. [Level 11]
 Asst. Prof. [Level 11] to Asst. Prof. [Level 12]
 Asst. Prof. [Level 12] to Asso. Prof. [Level 13A]
 Asso. Prof. [Level 13A] to Professor [Level 14]
9. Non Qualifying period of service, LWA etc. if any : NIL
10. Whether the applicant possess M. Phil./Ph.D. (if so furnish the Name of the University, Month and Year of award of Degree Certificate). : Yes.
M.Phil :- University of Kerala, March, 2013
Ph.D.:- Mahatma Gandhi University, September, 2018.
11. Whether eligible for relaxation of service for Promotion/placement to senior grade, If so how many years : Yes. 02 Years.
12. Number of years of qualifying service : 04 Years.
13. Proposed date of Eligibility for Promotion as per Eligibility Conditions and CAS Promotion Criteria : 25.11.2023 FN
14. Option Selected : A

Part B
OPTION A
(Assessment Criteria and Methodology)
(Refer Annexure II Table 1 of DCE Guidelines)

Physical Education *(Refer Annexure II Table 2 of DCE Guidelines)*

Activity 1: Attendance

Year	Mode of Teaching	Total Days Assigned	Number of Days engaged as per documented record	$\frac{\text{No. of days engaged}}{\text{Total No. of days assigned}} \times 100\%$	Grading (by IQAC)
2019-20 (25.11.2019 to 31.05.2020)	Theory and Practical	79	72	91%	Good
2020-21 (01.06.2020 To 08.09.2020)	Theory and Practical	15	15	100 %	Good
2020– 2021 (09.09.2020 to 31.05.2020)	Theory and Practical	127	120	94.48%	Good
2021-22 01.06.2021 to 31.05.2022	Theory and Practical	197	186	94.42%	Good
2022-23 01.06.2022 to 31.05.2023	Theory and Practical	190	183	96.32%	Good
2023-24 01.06.2023 to 25.11.2023	Theory and Practical	115	109	94.78%	Good

Activity 2:


	No. of Activities						Suggested Grading					
	2019-20	2020-21	2020-21	2021-22	2022-23	2023-24	2019-20	2020-21	2020-21	2021-22	2022-23	2023-24
Organizing Intra College Competition	2	1	7	2	2	0	Satisfactory	Satisfactory	Good	Satisfactory	Satisfactory	Not Satisfactory

Option A – Summary of Grading – Physical Education

Categories	2019-20	2020-21	2020-21	2021-22	2022-23	2023-24
Activity 1: <i>Attendance</i>	Good	Good	Good	Good	Good	Good
Activity 2	Satisfactory	Satisfactory	Good	Satisfactory	Satisfactory	Not Satisfactory
Activity 3	Satisfactory	Not Satisfactory	Good	Good	Good	Good
Activity 4	Not Satisfactory	Not Satisfactory	Good	Good	Good	Good
Activity 5	Good	Good	Good	Good	Good	Good
Overall Grading	Good	Good	Good	Good	Good	Good

* Refer Table 4(a) for Assessment Criteria


 Prepared by
Dr. GANESAN D A
 PEN 673560
 ASSISTANT PROFESSOR & HEAD
 DEPARTMENT OF POLITICAL SCIENCE
 EKNM GOVT. COLLEGE, ELERITHATTU
 KASARAGOD DIST, KERALA - 671314


 Verified by
Dr. BABU C
 PEN: 482709
 ASSISTANT PROFESSOR
 PG DEPARTMENT OF ECONOMICS
 EKNM GOVT. COLLEGE ELERITHATTU
 ELERITHATTU P.O, KASARAGOD DIST.
 KERALA- 671314


 Name and Signature
 of IQAC Coordinator
Dr. TOBY JOSEPH MATHEW K.K
 ASSOCIATE PROFESSOR (PEN: 600113)
 P.G. DEPARTMENT OF ECONOMICS
 E.K.N.M GOVT. COLLEGE ELERITHATTU
 ELERITHATTU (P.O), KASARAGOD, KERALA-671314
 (Department of Collegiate Education, Kerala)

Place: Elerithattu
 Date: 04/01/2024

Annexure I
Form No.1

Option for Assessment

I Dr. Ajesh C. R. , Assistant Professor (Academic Level 10), E. K. Nayanar Memorial Government College, Elerithattu, with Scale of Pay 57700-182400, hereby opt to assess myself for Career Advancement Scheme (7th Scheme) in the cadre of Assistant Professor (Academic Level 11) with Scale of Pay 68900-205500 with effect from 25/11/2023 FN.

*

Option A. As per the 7th UGC Regulation 2018


OR

~~Option B. As per the 6th UGC Regulation 2010 and its 4th Amendment[#]~~

*Strike out which is not applicable

[#] Available only for placement proposals where the due date is on or before 17.07.2021

Signature :

 07/12/2023

Name : Dr. Ajesh C. R.

Designation : Assistant Professor (Academic Level 10)

College : E. K. N. M. Govt. College, Elerithattu

Place : Elerithattu

Date : 07/12/2023

Annexure I
Form No. 3. Phy. Education

Collegiate Education Department Kerala

PBAS proforma for promotion of Teachers under Career Advancement Scheme

(As per UGC Regulations on Minimum Qualifications for Appointment of Teachers and Other Academic Staff in Universities and Colleges and Measures for the Maintenance of Standards in Higher Education, Regulations, 2018)

PBAS Proforma for Option A for Physical Education faculty

Placement from Assistant Professor (Academic Level 10) to
Assistant Professor (Academic Level 11)

PEN No. 877704

Part-A: General Information and Academic Background

- | | |
|---|---|
| 1. Name (in Block Letters) | : DR. AJESH C. R. |
| 2. Father's /Mother's Name | : C. S. CHANDRAN |
| 3. Date of Birth | : 31.05.1989 |
| 4. Gender | : MALE |
| 5. Name of the College & Department | : Department of Physical Education
E.K. Nayanar Memorial Government
College, Elerithattu. |
| 6. Date of Entry in present service | : 25.11.2019 FN |
| 7. Date of Declaration of Probation | : 25.11.2021 FN |
| 8. Current Designation & Basic Pay | : Assistant Professor (Academic
Level 10) , Rs. 64900/- |
| 9. Date of Last Promotion, if any | : NIL |
| 10. Academic Level for which you are an
applicant for promotion under CAS | : Assistant Professor (Academic
Level 11) |
| 11. Proposed date of eligibility for
promotion as per eligibility conditions
and CAS promotion criteria | : 25.11.2023 FN |
| 12. Indicate whether belongs to (SC/ST/
OBC/ Minority/ Differently Abled) | : OBC |

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13. Address for Correspondence (with Pin Code) with Mobile No. and E-mail : Dr. Ajesh C.R.
Chandrabhavanam
Muzhangodi, Thodiyoor P.O.,
Karunagappally, Kollam -690523
+91 9947854232
ajesh10cr@gmail.com
14. Permanent Address (with Pin Code) : Dr. Ajesh C.R.
Chandrabhavanam
Muzhangodi, Thodiyoor P.O.,
Karunagappally, Kollam -690523

15. Academic Qualifications

Examinations	Name of the Board / University	Year of Passing	% of marks obtained	Division / Class / Grade	Subject
Graduation	University of Kerala, Thiruvananthapuram	2009	73.82%	First Class	Physical Education
Post Graduation	University of Kerala, Thiruvananthapuram	2011	71%	First Class	Physical Education
NET	UGC	2011	NA	NA	Physical Education

16. Research Degrees

Degree	Title of Thesis / Dissertation / Field of Work (in case PDF)	Date of Award with Reg. No. (Period / Year in the case of PDF)	Discipline / Subject	University / Institute
M.Phil.	Kinematic Analysis of Selected Biomechanical Parameters in Relation to Velocity of Jump Serve of National Level Male Volleyball Players.	March 2013 Reg. No: 11015	Physical Education	University of Kerala, Thiruvananthapuram
Ph.D.	Kinematic Analysis of Selected Biomechanical Parameters in Relation to Velocity of Different Kinds of Serve of National Level Volleyball Players.	26.09.2018 Reg. No: 1601501	Physical Education	Mahatma Gandhi University, Kottayam
PDF	NIL	---	---	---
Anyother*	NIL	---	---	---

*Professional qualification such as M. Tech., etc.


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17. Appointments held prior to Joining the Current Department (*In Collegiate Education*)

Designation	Name of Employer	Nature of Appointment	Date of		Salary with grade pay/ Level	Reason for Leaving	Total Duration
			Joining	Leaving			
Assistant Professor Academic Level (10)	Registrar LNIPE, Gwalior, M.P.	Permanent	3.5.2018	21.11.2019	57700-182400 Level 10	For Joining under Collegiate Education, Govt of Kerala	01 Year, 06 Months & 18 Days

18. Details of Orientation/Induction/ Refresher/Short Term Courses attended

Name of the Course	Duration and Date	Name of the Centre conducting the Course	Sponsoring Agency
Online FDP	07 Days 23 rd to 29 th June 2020	Swarnim Gujrat Sports University	Swarnim Gujrat Sports University
Induction Training for Teachers of Collegiate Education Department	06 Days 10 th to 15 th February 2020	IMG, Kozhikode	DCE
Refresher Course	14 Days 12/01/2021 to 25/01/2021	UGC HRDC LNIPE, Gwalior Madhya Pradesh	UGC
Orientation Program	4 Weeks 21/08/2023 to 19/09/2023	Teaching Learning Centre Ramanujan College, University of Delhi	Ministry of Education


19. Details of Leave Without Allowance (*other than with Medical Certificate*)

Sl. No.	Period		Total Days of LWA			Grand Total
	From	To	Years	Months	Days	
---	---	---	---	---	---	NIL

20. Whether service relaxation is eligible for possessing Ph.D./M.Phil. : YES

21. Whether Verification Certificate of previous service enclosed (*If Aided College service, certificate of Deputy Director concerned*) : NA


I hereby declare that the information/documents provided by me are correct and verifiable, and I have carefully read the relevant provisions relating to promotion under Career Advancement Scheme (CAS) contained in UGC Regulations, 2018 as amended from time to time.

Signature : 
 Name and Designation : Dr. Ajesh C.R.
 Assistant Professor

Place : Elerithattu

Date : 07/12/2023

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Part – B: Assessment Criteria and Methodology

(Applicants are required to refer to the relevant provisions of UGC Regulations, 2018 relating to Career Advancement Scheme (CAS) and the Guidelines issued by DCE before filling this section)

Activity 1: Attendance

(Refer Annexure II, Table 2 of DCE guidelines)

Year	Mode of Activity	Total days Assigned	Number of days engaged as per documented record	$\frac{\text{No. of days engaged}}{\text{Total No. of days assigned}} \times 100\%$	Grading (to be filled by SEC/SC)
2019-20 (25.11.2019 to 31.05.2020)	Theory and Practical	79	72	91%	Good
2020-21 (01.06.2020 To 08.09.2020)	Theory and Practical	15	15	100 %	Good
2020– 2021 (09.09.2020 to 31.05.2020)	Theory and Practical	127	120	94.48%	Good
2021-22 01.06.2021 to 31.05.2022	Theory and Practical	197	186	94.42%	Good
2022-23 01.06.2022 to 31.05.2023	Theory and Practical	190	183	96.32%	Good
2023-24 01.06.2023 to 25.11.2023	Theory and Practical	115	109	94.78%	Good


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Activity 2

(Refer Annexure II, Table 2 of DCE guidelines)

Year	Detail of Activities	Number of Activities	Grading (to be filled by SEC/SC)
2019-20 (25.11.2019 to 31.05.2020)	1. Organized College Annual Athletic Championship. 2. Organized Inter Department Games Championship.	02	Satisfactory
2020-21 (01.06.2020 to 08.09.2020)	Coordinator of 'Ente Kayika Vidhyabhyasam' Programs in the College.	01	Satisfactory
2020-21 (09.09.2020 to 31.05.2021)	Conducted Boxing (Men), Tug of War (Men), Tug of War (Women), Kabbadi (Women), Football (Men), Cricket (Men), and Power Lifting (Men) coaching camp for the preparation of college team in Kannur University inter-collegiate championship.	07	Good
2021-22 01.06.2021 to 31.05.2022	1. Organized Inter Department Tug of War Competition. 2. Organized Inter Department Football Competition.	02	Satisfactory
2022-23 01.06.2022 to 31.05.2023	1. Organized Inter Department Tug of War Competition. 2. Organized Inter Department Cricket Competition.	02	Satisfactory
2023-24 01.06.2023 to 25.11.2023	Nil	0	Not Satisfactory


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Activity 3*(Refer Annexure II, Table 2 of DCE guidelines)*

Year	Detail of Activities	Number of Activities during Assessment Period	Grading (to be filled by SEC/SC)
2019-20 (25.11.2019 to 31.05.2020)	Manager of college Athletics team and participated in Calicut University inter-collegiate championship.	01	Satisfactory
2020-21 (01.06.2020 To 08.09.2020)	Nil	0	not satisfactory
2020-21 (09.09.2020 to 31.05.2021)	Manager of college Boxing (Men) Tug of War (Men), Tug of War (Women), Kabbadi (Women), Football (Men), Cricket (Men), and Power Lifting (Men) team and participated in Kannur University inter-collegiate championship.	07	Good
2021-22 01.06.2021 to 31.05.2022	Manager of college Boxing (Men), Athletics (Men), Athletics (Women), Kho Kho (Women), Kabbadi (Men) Kabbadi (Women), Football (Men), Cricket (Men), and Best Physique (Men) team and participated in Kannur University inter-collegiate championship.	09	Good
2022-23 01.06.2022 to 31.05.2023	Manager of college Boxing (Men), Athletics (Men), Athletics (Women), Kho Kho (Men), Kho Kho (Women), Kabbadi (Men), Kabbadi (Women), Football (Men), Cricket (Men), and Sepak Takraw (Men) Sepak Takraw (Women),Swimming (Men), Swimming (Women) Volleyball (Women) team and participated in Kannur University inter-collegiate championship.	14	Good
2023-24 01.06.2023 to 25.11.2023	Manager of college Kabbadi (Men), Volleyball (Women), Kabbadi (Women) and Football (Men) team and participated in Kannur University inter-collegiate championship / University Team Selection Trials.	04	Good


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Activity 4

(Refer Annexure II, Table 2 of DCE guidelines)

Year	Detail of Activities	Number of Activities during Assessment Period	Grading (to be filled by SEC/SC)
2019-20 (25.11.2019 to 31.05.2020)	NIL	NIL	Not satisfactory
2020-21 (01.06.2020 To 08.09.2020)	NIL	NIL	Not satisfactory
2020-21 (09.09.2020 to 31.05.2021)	1. Upgraded Boxing Training facilities with modern punching bags, punching pads and gloves. 2. Upgraded cricket practice facilities with Standardized Bats, Balls, Batting and Keeping Gloves, Batting Pads, Helmet, etc. 3. Facilitated Kho Kho court in the college.	03	Good
2021-22 01.06.2021 to 31.05.2022	1. Upgraded the facilities in the college fitness center. 2. Facilitated Table Tennis Hall for students. 3. Facilitated Yoga Training Hall for Students.	03	Good
2022-23 01.06.2022 to 31.05.2023	1. Facilitated Yaga Hall with standardized yoga mats. 2. Upgraded Fitness center flooring with Rubberized Inter locking mats. 3. Purchased weight training equipment and upgraded college fitness center.	03	Good
2023-24 01.06.2023 to 25.11.2023	1. Facilitated Kabbadi Men and Women Courts for the practice of college Kabaddi Men and Women Team. 2. Facilitated Badminton Men and Women Courts for the practice of college Kabaddi Men and Women Team. 3. Facilitated Sepaktakrow Men and Women Courts for the practice of college Kabaddi Men and Women Team.	03	Good

Initials of Head of the Institution

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Activity 5*(Refer Annexure II, Table 2 of DCE guidelines)*

Year	Detail of Activities	Number of Activities during Assessment Period	Grading (to be filled by SEC/SC)
2019-20 (25.11.2019 to 31.05.2020)	<ol style="list-style-type: none"> 1. Published a Chapter titled 'A Rationalized Analysis on Tribal Women Participation in Sports' in a Book Titled Empowerment of Tribal Women in South India: Gender Perspective. 2. Head of the Department of Physical Education. 3. Member of College Council. 4. Invigilation Duties in University Examinations. 5. Member of Organizing Committee of National Seminar on Gender and Domestic Violence: Problems and Prospects of Tribal Women in South India. 	05	Good
2020-21 (01.06.2020 To 08.09.2020)	<ol style="list-style-type: none"> 1. Head of the Department of Physical Education. 2. Member of College Council. 3. Organised National Level Webinar Series on Physical Literacy Interventions for Quality Life Style. 4. Organized International Webinar on Mechanism of Exercise Induced Brain Plasticity. 	04	Good
2020-21 (09.09.2020 to 31.05.2021)	<ol style="list-style-type: none"> 1. Published a research paper titled "Analysis of Horizontal and Vertical Velocity of Different Phases in Triple Jump" in Carmel Graphics, An International Peer Reviewed Journal, April, 2021. 2. Question paper setter (Research and Statistics in Physical Education) for I semester B.P.Ed. Examination, University of Kerala. 3. Member of Question paper scrutiny board for the First semester M.P.E. Examination, University of Kerala. (08/04/2021) 4. HOD, Department of Physical Education, Coordinator AISHE, Coordinator KSHEC, Coordinator ORICE, Convener Anti Narcotic Cell, Member of College Staff Council, Member of Building Committee, Member of Purchase Committee and Member of Anti Ragging Committee. 	12	Good


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Year	Detail of Activities	Number of Activities during Assessment Period	Grading (to be filled by SEC/SC)
2021-22 01.06.2021 to 31.05.2022	<p>1. Anoop P., III BA Economics Represented Kannur University in AIIU Boxing Men Championship.</p> <p>2. Published a research article titled "Analysis of selected kinematic and motor variables of jump serve among youth national level male volleyball players" in the International Journal of Creative Research Thoughts. (September, 2021).</p> <p>3. Published a research article titled "Kinematic Analysis on Biomechanical Parameters of Hop Phase among Inter University level Triple Jumpers" in the International Journal of Creative Research Thoughts. (September, 2021).</p> <p>4. Published a research article titled "Linear Kinematics of Approach Phase in different Techniques in Volleyball" in the International Journal of Innovative Practice and Applied Research.(December, 2021).</p> <p>5. HOD, Department of Physical Education, Coordinator AISHE, Coordinator KSHEC, Coordinator ORICE, Convener Anti Narcotic Cell, Member of College Staff Council, Member of Building Committee, Member of Purchase Committee and Member of Anti Ragging Committee.</p> <p>6. Question paper setter (Sports Biomechanics) for II semester M.P.E. Examination, University of Kerala</p> <p>7. Question paper setter (Fundamentals for Kinanthropometry in Sports) for III semester M.P.E. Examination, University of Kerala</p> <p>8. Question paper setter (Advanced Statistics, Sports Biomechanics) for IV semester M.P.E. Examination, University of Kerala</p> <p>9. Additional examiner for the valuation of IV semester B.P.Ed. Examination (Sports Management) , University of Kerala, September 2021.</p> <p>10. Member of Question paper scrutiny board for the Second semester M.P.E. Examination, University of Kerala. (31/08/2021)</p> <p>11. Member of Question paper scrutiny board for the First semester M.P.E. Examination, University of Kerala. (18/01/2022)</p> <p>12. External Examiner for the practical examination of II semester BPed. Degree, Kannur University.(31/01/2022).</p>	20	Good

Initials of Head of the Institution

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Year	Detail of Activities	Number of Activities during Assessment Period	Grading (to be filled by SEC/SC)
2022-23 01.06.2022 to 31.05.2023	<p>1. Amaya P.S. and Meghna V.P., of II B.Com. Represented Kannur University Kho Kho Women Team in SZIU Championship.</p> <p>2. Coauthored a Research Paper on Attitude Towards Physical Activity Among Under Graduate Students in Kerala and Published in Journal of Survey in Fisheries Sciences, Special Edition, 2023, 10(4S) p711-717.</p> <p>3. HOD, Department of Physical Education, Coordinator AISHE, Coordinator KSHEC, Coordinator ORICE, Member of College Staff Council, Member of Purchase Committee and Member of Anti Ragging Committee.</p> <p>4. Question paper setter (Sports Biomechanics and Fundamentals of Sports Biomechanics) for III semester M.P.E. Examination, University of Kerala</p> <p>5. External examiner for the III semester B.P.Ed. Examination (Practical), Kannur University, June 2022.</p> <p>6. Member of Question paper scrutiny board for the Fourth semester M.P.E. Examination, University of Kerala. (21/06/2022)</p> <p>7. Additional Examiner for the Centralized Valuation camp for the III semester B.P.Ed. examinations, Kannur University. (June, 2022)</p> <p>8. External Examiner for the Theory practical (Advanced Statistics) examination of IV semester M.P.E.S. Degree Examinations, Kerala University.(03/08/2022).</p> <p>9. PSC Board Member for the Physical Efficiency Test to the post of Police Constable. (17 Days)</p> <p>10. Additional Examiner for the Fifth semester UG valuation camp (GEC in Physical Education) December 2022.</p> <p>11. Member of Question paper scrutiny board for the Fiesr semester B.P.Ed. Examination, University of Kerala. (06/01/2023)</p> <p>12. External Examiner for the Theory practical (Applied Statistics) examination of III semester M.P.E.S. Degree Examinations, Kerala University.(03/08/2022).</p>	19	Good

Initials of Head of the Institution

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Year	Detail of Activities	Number of Activities during Assessment Period	Grading (to be filled by SEC/SC)
2023-24 01.06.2023 to 25.11.2023	<ol style="list-style-type: none"> 1. Arunima C. of II B. A. Functional English Represented Kannur University Kabbadi Women Team in SZIU Championship. 2. Angel Joy of I BA Political Science is Selected to the Kannur University Volleyball Women Team, which will participate in the South Zone Inter University Championship. 3. HOD, Department of Physical Education 4. Coordinator AISHE 5. Coordinator KSHEC 6. Coordinator ORICE 7. Convener Anti Narcotic Cell 8. Convener Purchase Committee 9. Member of College Staff Council 10. Member of Anti Ragging Committee 11. Member Discipline Committee 12. Question paper setter (Sports Biomechanics and Sports Specialization - Volleyball) for I semester M.P.E. Examination, University of Kerala. 13. External examiner for the II semester B.P.E.D Examination (Practical) , Keral University, July 2023. 14. External examiner for the II semester M.P.E.S. Examination (Practical) , Keral University, July 2023. 15. Member of Question paper scrutiny board for the II semester M.P.E. Examination, University of Kerala. (11/09/2023) 16. Question Paper Setter for the KTET Examinations (Physical Education) 2023. 	16	Good

Initials of Head of the Institution

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Part-C: Other Relevant Information

Please give details of any other credential, significant contributions, awards received etc. not mentioned earlier:

Sl. No.	Details (Mention Year, Value etc. where relevant)
1	Presented a Paper on Healthy Aging: A study on Health Status among Employed Men in Kerala in the National Seminar Organised by Government Physical Education College, Calicut.
2	Presented a Paper on Concerns and Opportunities in Physical Education in the National Seminar Organised by Dr. B.R. Ambedkar Memorial Government Arts and Science College, Balussery.
3	Examiner for the PhD course work examination in Physical Education conducted by School of Physical Education and Sports Sciences, Mahatma Gandhi University, Kottayam.
4	Resource Person for the Webinar on Recent Trends in Fitness Programming organized by Sree Narayana College, Punalur, Kollam.
5	Resource Person of the webinar on Recent Trends in Fitness Programming organised by the NCC Unit, Catholicate College, Pathanamthitta on 10/10/2020.
6	Resource Person of the webinar on Fitness Program for College Students organised by the Department of Political Science, E.K.Nayanar Memorial Government College, Elerithattu, on 29.01.2021.
7	Resource Person of the webinar on Strategies to Maintain Energy Balance for Daily Life organised by the Department of Political Science, E.K.Nayanar Memorial Government College, Elerithattu, on 05.02.2021.
8	Resource Person for the Expert Interaction through digital media class at Govt. Vocational Higher Secondary School (Sports) on 11.03. 2022 (Online Mode)
9	Resource Person for the Webinar on "Witness the Fitness: Strategies to overcome Barriers to Fitness activities" organised by M.E.S. College, Nedumkandam on 18/02/2022. (Online Mode)
10	Resource Person for the Webinar on "Coping with COVID: Programming Fitness for Youth" organised by M.E.S. College, Nedumkandam on 09/10/2021. (Online Mode)
11	Resource Person for the International Multidisciplinary Webinar Series and delivered a talk on "Witness the Fitness: Strategies to overcome Barriers to Fitness activities" organised by S.E.S. College, Sreekandapuram on 25/09/2021. (Online Mode)
12	Resource Person for the Multidisciplinary International Webinar Series and delivered a talk on "Functional Fitness for Post Pandemic Success" organised by SAS SNDP College, Konni on 19/06/2021. (Online Mode)
13	Resource Person in the seminar on ' Functional Fitness for Post Pandemic Success' conducted by Department of Physical Education, B J M Government College, Chavara on 13.01.2022.
14	Resource Person for the Invited Talk on "Research Methodology" organised by School of Physical Education and Sports Sciences, Mahatma Gandhi University, Kottayam on 07/02/2022.
15	Worked as Technical Committee Charman for the South Zone and All India Inter University Handball Women Championship Organized by Mahatma Gandhi University, held at S H College, Thevara from 13 th to 19 th February 2023 21 st to 25 th February 2023 respectively.

(Attach documentary proof in support of the information provided by you in this proforma)

Initials of Head of the Institution

പ്രിൻസിപ്പാൾ

ഇ.കെ.എൻ.എം. ഗവ. കോളേജ്

എളേരിത്തട്ട്

കാസറഗോഡ്


പിൻ: 671 314

List of Enclosures:

(Please attach, copies of certificates, sanction orders, papers etc. whichever necessary)

1. Covering Letter to Director
2. Option for assessment
3. Duly Signed PBAS
4. APAR of 5 years (2019-20,2020-21,2021-22,2022-23,2023-24)
5. Copies of Supporting Documents
 - (a) Copy of the Probation Declaration Order
 - (b) Copy of SSLC, Degree, P.G., NET, M.Phil., and Ph D Certificate
 - (c) Copy of the certificates of refresher/short term courses
 - (d) Attendance Certificate 5 years (2019-20,2020-21,2021-22,2022-23,2023-24)
 - (e) Certificates to Prove student Related / Research Activities (2019-20,2020-21,2021-22,2022-23,2023-24)
 - (f) Certificates to prove other relevant information.

I hereby declare that the information/documents provided by me are correct and verifiable, and I have carefully read the relevant provisions relating to placement/promotion under Career Advancement Scheme (CAS) contained in UGC Regulations, 2018 as amended from time to time.

Signature : 
 Name and Designation : **Dr. Ajesh C.R.**
Assistant Professor

Place : Elerithattu
 Date : 07/12/2023

Certified that **Dr. AJESH C.R.** has been working as **Assistant Professor** in the department since 09.09.2020. The particulars given in this application have been checked and verified from the office records and are found to be correct.


Counter Signed  7/12/23 **Head of the Department**

Place : Elerithattu
 Date : 07/12/2023

പ്രിൻസിപ്പാൾ
ഇ.കെ.എൻ.എം. ഗവ. കോളേജ്
എളേരിത്തട്ട്
കാസറഗോഡ്
പിൻ: 671 314

Remarks of the Principal on Punctuality and Conduct of the Applicant

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Ex cellent



Principal

Place : Elerithattu
 Date : 7/12/23


Initials of Head of the Institution
പ്രിൻസിപ്പാൾ
ഇ.കെ.എൻ.എം. ഗവ. കോളേജ്
എളേരിത്തട്ട്
കാസറഗോഡ്
പിൻ: 671 314


Verified by Screening cum Evaluation Committee

Signature of Principal :


 11/01/2024
 PRINCIPAL
 E. K. N. M. GOVT. COLLEGE
 ELERITHATTU
 ELERITHATTU P.O.
 KASARAGOD DT, PIN: 671314

Signature of Head of the Department :

Signature of Subject Experts :


 11/01/2024
 Prof (Dr) Anil Ramachandran
 Professor
 School of Physical Education &
 Sports Sciences
 Kannur University, Kannur, Kerala- 670 567


 11/1/2024
 Dr. SHINIL JAMES, PEN:663724
 Associate Professor & Head
 Department of Physical Education
 Govt. College of Engineering, Kannur - 670563.

Place : Elerithattu
Date : 11/01/2024


Initials of Head of the Institution

പ്രിൻസിപ്പാൾ
 ഇ.കെ.എൻ.എം. ഗവ. കോളേജ്
 എളേരിത്തട്ട്
 കാസറഗോഡ്
 പിൻ: 671 314

Collegiate Education Department, Government of Kerala

Annual Performance Appraisal Report

(As per UGC Minimum Qualifications for Appointment of Teachers and Other Academic Staff in Universities and Colleges and Measures for the Maintenance of Standards in Higher Education Regulations, 2018)

Self Appraisal Report for the Academic Year: 2019- 2020

(25/11/2019 – 31/05/2020)

Part-A: General Information and Academic Background

1	Name (in block letters)	Dr. AJESH. C. R				
2	Father's Name/ Mother's Name	C S CHANDRAN				
3	Date of Birth	31.05.1989				
4	Sex	Male				
5	Name of the College & Department	Dr. B. R. Ambedkar Memorial Government Arts & Science College, Balussery, Kozhikode. Department of Physical Education				
6	Date of entry in present service	25.11.2019				
7	Current Designation	Assistant Professor				
8	Present Basic Pay with Scale of Pay	15600 ,15600-39100				
9	Date of Last promotion, if any	Nil				
10	Date of Declaration of Probation	----				
11	Indicate whether belongs to SC/ST/OBC category/Minority/Differently Abled	OBC				
12	Address for correspondence	Chandrabhavan, Muzhangodi, Thodiyoor. P.O, Karunagappally, Kollam - 690523				
	Mobile Number	9947854232				
	Email	ajesh10cr@gmail.com				
13	Permanent Address with Pin Code	Chandrabhavan, Muzhangodi, Thodiyoor. P.O, Karunagappally, Kollam - 690523				
14	Academic Qualifications:					
	<i>Examinations</i>	<i>Name of the University</i>	<i>Year of Passing</i>	<i>% of Marks</i>	<i>Division/ Grade</i>	<i>Subject</i>
	Graduation	University of Kerala, Thiruvananthapuram	2009	73.82	First Class	Physical Education
	Post Graduation	University of Kerala, Thiruvananthapuram	2011	71	First Class	Physical Education
	Others	NET-UGC	2011			Physical Education

15	Research Degrees:				
	<i>Degree</i>	<i>Title of the Thesis/Dissertation</i>	<i>Date of Award</i>	<i>Discipline/Subject</i>	<i>University</i>
	M. Phil.	Kinematic Analysis of Selected Biomechanical Parameters in Relation to Velocity of Jump Serve of National Level Male Volleyball Players.	March 2013	Physical Education	University of Kerala, Thiruvananthapuram
	Ph.D.	Kinematic Analysis of Selected Biomechanical Parameters in Relation to Velocity of Different Kinds of Serve of National Level Volleyball Players.	26.09.2018	Physical Education	Mahatma Gandhi University, Kottayam
	Others	Nil	-	-	-
16	Details of Orientation Courses/Refresher Courses/Summer/Winter Schools/Other Courses attended: Nil				
	<i>Name of the Course/ Summer/Winter School</i>		<i>Name of the Academic Staff College/HRDC</i>	<i>Duration and Period</i>	<i>Sponsoring Agency</i>
	1				
	2				
17	Details of Seminars/Workshops/Other Training Programmes attended:				
	<i>Name of the Programme</i>		<i>Duration and Period</i>	<i>Sponsoring Agency</i>	
	1	Induction Training for Teachers of Collegiate Education Department held at IMG Calicut	6 days February 10—15, 2020	DCE	
	2	Young Innovator's Programme – Facilitators Workshop on "Design for Kerala"	2 Days 30 th & 31 st January 2020	ICTAK & K-DISC	
	3	Three Days National Workshop Organised by Govt. College of Physical Education, Calicut	3 Days 9 th , 10 th & 11 th December 2019	DCE	

Part-B: Assessment Criteria and Methodology*(Refer relevant provisions of UGC Regulations, 2018 relating to PBAS and the Guidelines issued by the DCE)*

Activity-1		Teaching/Attendance		
Year	Mode of Teaching	Total No of Working Days	Total No of Days Present	% of Attendance [No. of Days Present / Total No of Working Days] x 100
2019 - 2020	Not Applicable for the Assessment Period	79	72	91

Activity-2		Involvement in Students Related/Research Activities
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(Refer Annexure-II, Table-1 of DCE Guidelines)

(a)	Administrative Responsibilities	Member in College Council
(b)	Examination and Evaluation Duties	Invigilation duty assigned by college
(c)	Student related Co-curricular, Extension and Filed-based Activities	Nil
(d)	Organising Seminars/Workshops/Conferences/Other College-University Activities	Member of Organising Committee of National Webinar on Gender and Domestic Violence : Problems and Prospects of Empowering Tribal Women in South India
(e)	Research Guidance Activities	Nil
(f)	Major/Minor Projects	Nil
(g)	Publications	A chapter (A Rationalised Analysis on Tribal Women Participation in Sports) in book titled Empowerment of Tribal Women in South India: Gender Perspectives.
(h)	Organising Intra-College/Inter-College/University/Inter-University/ State/ National Level Sports/Other Competitions	1. Organised Annual Athletic Championship for the Year 2019-2020. 2. Organised Inter Department Games Championship for the Year 2019-2020.
(i)	Participation in External Sports/Other Competitions	1. Acted as Team Manager for the College Athletics Team which Participated in the Calicut University Annual Athletic Championship 2019-2020.
(j)	Involvement in the Upgradation of Sports and Physical Training Infrastructure with Scientific and Technological Inputs	Nil

Part-C: Other Relevant Information

Please give details of any other credentials, significant contributions, awards received etc. not mentioned earlier. (Attach documentary proof in support of the information)

Sl. No.	Detail of Credentials
1	Presented a paper on Healthy Aging : A Study on Health Status among Employed Men in Kerala in National Seminar Organised by Government Physical Education College, Calicut on 18 th and 19 th February 2020.
2	Presented a paper on Concerns and Opportunities in Sports and Physical Education in National Seminar Organised by Dr. B. R. Ambedkar Memorial Government Arts & Science College, Balussery, Kozhikode. Department of Physical Education on 13 th , 14 th and 15 th December 2019.
3	Acted as Recourse Person and delivered the lectures on Research Methods and Statistics in Physical Education to the PhD Scholars in Physical Education during the Course Work for the year 2020 held at School of Physical Education and Sports Sciences, Mahatma Gandhi University, Kottayam.
4	Completed paper valuation of the PhD course work examination held at held at School of Physical Education and Sports Sciences, Mahatma Gandhi University, Kottayam.

Declaration:

I hereby declare that the information/documents provided by me are correct and verifiable, and I have carefully read the relevant provisions relating to the placement/promotion under Career Advancement Scheme (CAS) contained in UGC Regulations, 2018 as amended from time to time.

Signature : 

Name : Dr. Ajesh. C.R

Designation : Assistant Professor in Physical Education

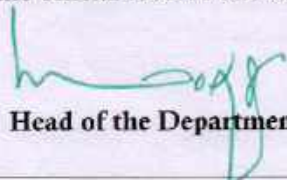
Place : Kinalur

Date : 07/09/2020

Certified that Mr./Ms./Dr. Ajesh C.R. has been working as Assistant Professor in the department since 25-11-2019. The particulars given in this application have been checked and verified from the official records and are found correct.

Place : Balussery

Date : 08-09-2020



Head of the Department

Remarks of the Principal on Punctuality and Conduct of the Applicant

Dr. Ajesh C.R. is a responsible, intyminded teacher and he has actively participated in the various activities of the college with punctuality. His character and conduct are good.

Place : Balussery

Date : 08-09-2020





Principal

PRINCIPAL
 Dr. B.R. Ambedkar Memorial
 Govt. Arts & Science College
 Balussery, Kinalur Post.
 Kozhikode Dist, PIN: 673 612