



EKNM GOVERNMENT COLLEGE ELERITHATTU
(Established in 1981, Affiliated to Kannur University)

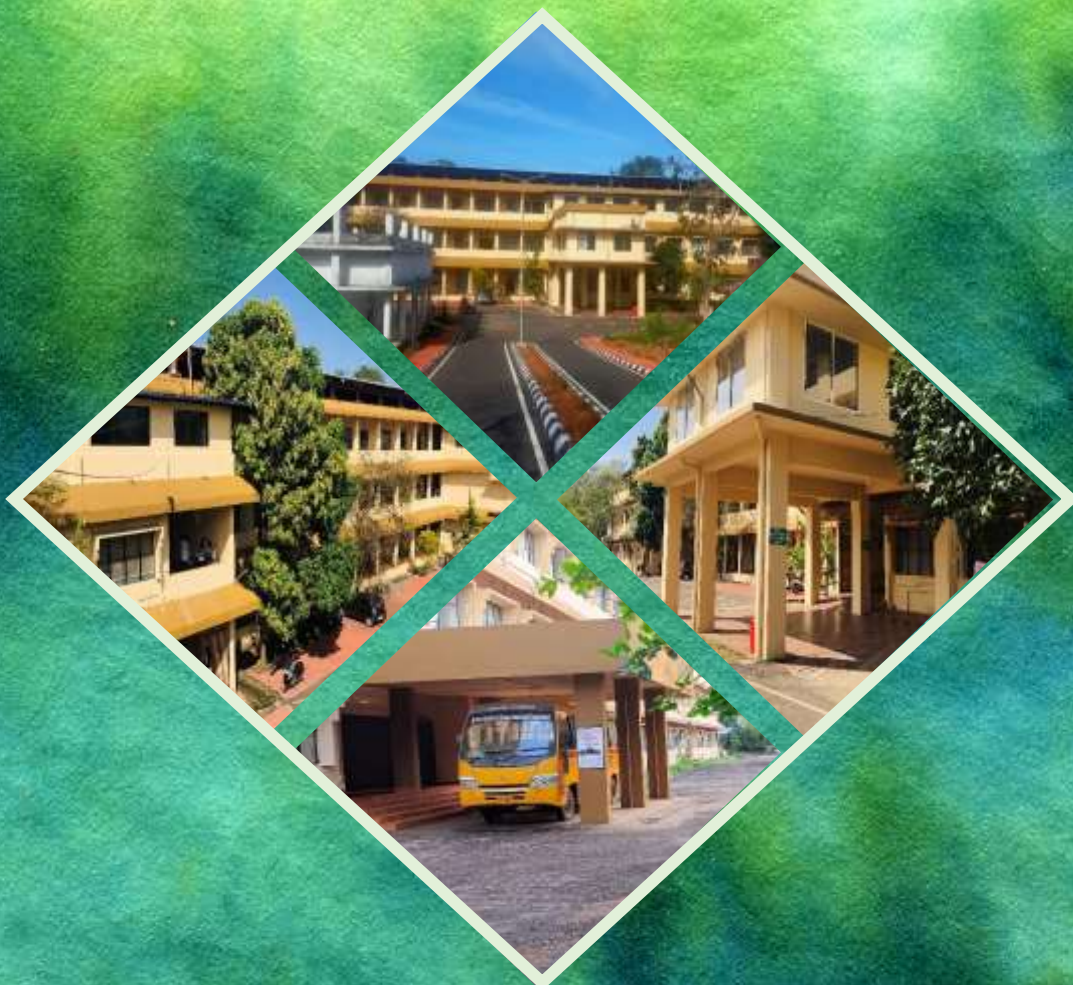
Accredited by NAAC with 'B' Grade

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EXTENSION AND OUTREACH PROGRAMS-2020-21

3.4.3: Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years



CANCER AWARENESS CLASS

On February 4, 2021, NSS units 9 and 16 took a proactive stance in observing World Cancer Day by organizing an awareness class on cancer disease at their college. The session was led by Sri Suresh Babu, a Health Inspector from the Govt. Family Health Centre in Narkkilakkad, who is well-versed in the increasing prevalence of cancer in Kerala. The class aimed to educate local people about the symptoms, treatment options, and preventive measures for cancer.

The awareness program attracted 71 participants, who benefited from the comprehensive coverage of topics related to cancer. Sri Suresh Babu began by imparting basic knowledge about cancer, explaining what it is and how it affects the body. He then discussed the various types of cancer, shedding light on the differences between them and the importance of understanding these distinctions for effective treatment. Early detection and diagnosis were highlighted as critical aspects in the fight against cancer. Sri Suresh Babu stressed the importance of recognizing the early signs of cancer and seeking medical attention promptly, as this can significantly improve the chances of successful treatment and recovery.

The session also focused on the prevention and cure of cancer, providing practical advice on lifestyle changes and screening practices that can reduce the risk of developing cancer. Additionally, Sri Suresh Babu addressed the risk factors associated with cancer, such as genetics, lifestyle, and environmental exposures, and discussed strategies for mitigating these risks. Following the informative class, a brief pamphlet containing basic information on cancer was distributed among the participants. This resource was designed to serve as a quick reference guide, reinforcing the key messages delivered during the session and encouraging further discussion and awareness within the community.

The awareness class on cancer was a successful initiative, fostering a better-informed community capable of taking proactive steps towards cancer prevention and early intervention. The NSS units' efforts in organizing this event on World Cancer Day underscored their commitment to public health and the well-being of their community.



CANCER AWARENESS PROGRAMME		
LIST OF PARTICIPANTS		
SL NO	AD NO.	NAME OF STUDENTS
1	6984	FATHIMA SHIBINA
2	6985	FEBIN PETER
3	7215	GLORIYA BABY
4	6977	JESTIN PETER
5	7029	KRISHNAPRIYA P R
6	7084	MIDHUNA NARAYANAN
7	7224	MUHSEENA SHAMSUDHEEN
8	7078	NANDANA K
9	6968	RAVEENA CHANDRAN
10	7264	SHELJIN REJI
11	7241	SIBIN THOMAS
12	7253	SONA BABU
13	7059	SREYA SURESH
14	7243	SUBISREE V V
15	6982	VINNYA K B
16	7060	VISHNU A
17	7203	VISHNUPRIYA M V
18	7257	YADU NANDANAN K
19	7031	AMRUTHA TENISON
20	7081	ANAND K B
21	7065	ANTO SUNNY
22	7166	ANUSREEMOL M K
23	7095	ASHITHA RAJ K
24	6973	ASWATHI SURESH
25	7004	ATHIRA RAJEEVAN C
26	7157	ATHUL P
27	7006	ATHULYA K
28	7248	BHAGYA BHASKARAN. U
29	6974	BIVINA K B
30	7161	FAIZA U M
31	7247	FATHIMA
32	6989	HILDA MARIYAM THOMAS
33	7091	JASNA K
34	7128	JYOTHIPRIYA O S
35	7259	KARTHIK M N
36	6972	KARTHIKA M NAIR
37	7171	MANU M
38	7000	MEGHA SUBHASH
39	7146	MUBASHEERA M K

NATIONAL SERVICE SCHEME

(UNIT NO 9&16)

E.K NAYANAR GOVT.COLLEGE ELERITHATTU

ENVIRONMENTAL PROTECTION

07/12/2020 & 23/12/2020

Environmental protection refers to the practice of safeguarding the natural environment and its resources. The goal of environmental protection is to ensure that human activities do not harm the environment. Key aspects of environmental protection include: water resource protection, waste management, sustainable agriculture, energy conservation, pollution control etc. Environmental protection is a global challenge that requires cooperation and action at all levels of society, from individuals and communities to businesses and governments. On 07/12/2020, 15 of our NSS volunteers exhibited their commitment towards



environmental protection as the volunteers collected the plastic remnants and waste materials thrown away carelessly by anti-socials elements. On 23/12/2020, as part of our 7-day NSS residential camp cleaned the small stream called Marnnadam near Varakkad. 50 NSS volunteers participated in the cleaning up of the stream.





ENVIRONMENTAL PROTECTION PROGRAMME		
LIST OF PARTICIPANTS		
SL NO	AD NO.	NAME OF STUDENTS
1	6631	ASWATHI. K.V
2	6501	ASWATHI. P
3	6627	ASWIN. P
4	6617	ATHIRA. P
5	6674	BIJINA BINOY
6	6496	CHANDRALEKHA CHANDRAN
7	6527	CHRISTEENA MATHEW
8	6506	DISNA SURESH
9	6507	GOPIKA. B
10	6497	JESFINA JAMES

11	6528	KRISHNADEV. U. K
12	6616	MOHITHA. E.M
13	6515	NIDHEESH. M
14	6655	NITHIN NARAYANAN
15	6551	SABITH. A.P
16	6614	SAJINLAL. M
17	6637	SARATH. K.V
18	6606	SHAMILI. K.P
19	6502	SHYBI SHAJU
20	6673	SREEJITH. P.R
21	6669	SREYA. T.V
22	6698	APARNA N K
23	6768	ATHUL PHILIP
24	7238	ANAGHA BABU
25	7092	ANASWARA K S
26	7126	ANJALI K V
27	6970	ANJANA RAJAN
28	7038	ANN SANDRA JOHN
29	7117	ANUSREE V P
30	7127	ARUNIMA T KUMAR
31	7230	ATHIRA JAMES
32	6965	ATHIRA M
33	7179	BEEFATHIMATHUL AMAANA
34	7266	BHAGYA BHASKARAN
35	7251	CHAITHRAJ K
36	7223	CHARUTHA A
37	7007	CHINCHU V
38	7225	FATHIMATH MUBEENA P K
39	7036	GAYATHRI M
40	7261	GEETHU RAMACHANDRAN